

# Lake Macquarie Classic Boat Association Inc.

## Workshop Access Procedures

### During Covid 19 Pandemic

The following rules will apply to the use of the LMCBA Workshops until otherwise advised. They are based on the AMSA recommendations and in our insurance. The aim of the instruction is to align our precautions and procedures with State and Local Government regulations.

These are required to be followed as part of the AMSA insurance.

#### **Roster Access.**

Access will be by roster and limited in number but may be spread over 5 days with morning and afternoon slots.

Members are to log in at the entrance to each shed by signing the attendance sheet. The record of attendance will be of critical importance if any member tests positive to infection.

Members are requested to use the hand sanitizer located at the entry door prior to commencing work.

A Shed Duty Officer will be nominated each shift to check procedure compliance. The Duty Officer will check members attending have logged in and use hand sanitiser immediately upon entry.

#### **Workshop Access Mandatory Rules**

1. Personal Health: Members are not to come to the boatshed if they have any sign of Covid 19 symptoms. Symptoms of COVID-19 include fever, cough, sore/scratchy throat and shortness of breath. The addresses for Testing Centres appear below.
2. Vulnerable members are asked to stay at home if they believe their existing health status may be compromised.
3. Inform the Lake Macquarie Classic Boat Association if you have tested positive for Covid-19 after attending the shed. The Committee will notify all members if required.
4. The Roster that has been prepared in consultation with members should be followed in order to limit numbers within the sheds.
5. Maintain a separation distance of 1.5 metres between members at all times. This may require an alteration to work plans to maintain separation.
6. Hand sanitiser must be used on entry. Regular cleaning of hands with sanitiser or soap and water is encouraged.
7. Wipe down equipment, tools, machines and bench's etc. after use or at the end of the shift.
8. There is restricted access to the Kitchen Area with a maximum of three persons allowed.
  - a. This area must be cleaned after use.
  - b. Wherever possible, members are to use a separate pathway in and out of the kitchen.
  - c. It is preferred that member's use their own cup and bring their own tea, coffee and food.
  - d. If weather permits it is preferable that members sit outside observing social distancing rules. Please wipe down plastic chairs after use.

9. Members are encouraged to install the COVIDSafe App on their mobile phones. This App is strongly recommended by the Australian Men's Shed Association and State and Federal Health agencies.
10. The preparations for entry to Workshop 1 include:
  - a. Careful separation of the boats as access along workshop limited.
  - b. All doors are to be opened to allow ventilation and access to separate work areas.
  - c. Touch areas to be regularly wiped especially on start and finish.
11. The preparations for Workshop 2 include:
  - a. The designation of three areas to improve separation by space and by roster.
  - b. Open both sets of doors to allow ventilation and access to separate work areas.
  - c. The handrail to Mezzanine and other touch areas are to be regularly wiped down especially on the start and finish of each shift.

## Covid-19 Testing Locations

Facility	Address	Opening Hours	Notes
<b>Belmont Hospital</b>	16 Croudace Bay Road, Belmont, NSW 2280	A drive through clinic. <b>Open:</b> 8am to 4:30pm, 7 days.	Booking required via <a href="tel:0249232211">(02) 4923 2211</a>
<b>Calvary Mater Newcastle</b>	Edith and Plath Street, Waratah, NSW 2298	<b>Open:</b> 8am to 4pm, Monday to Friday	Screening desk located inside of front entrance
<b>John Hunter Hospital</b>	Lookout Road, New Lambton Heights, NSW 2305	<b>Open:</b> 8am to 10:30pm, 7 days	Adjacent to the Emergency Department
<b>Erina Respiratory Clinic</b>	331 Terrigal Drive, Erina, NSW 2250	<b>Open:</b> 10:30am to 5:30pm, 7 days	
<b>Gosford Hospital</b>	75 Holden Street, Gosford, NSW 2250	<b>Open:</b> 9am to 5pm, Monday to Friday 10am to 4pm, Saturday to Sunday	Booking required via: <a href="tel:0243205055">(02) 4320 5055</a> .
Adjacent to P2 carpark and directly opposite the Cancer Centre at the southern end of Holden Street.			
<b>Wyong Hospital</b>	Pacific Highway, Hamlyn Terrace, NSW 2259	<b>Open:</b> 9am to 5pm, 7 days	Booking required via: <a href="tel:0243949200">(02) 4394 9200</a> .

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 Lake Macquarie Classic Boat Association Inc. Committee